



NKT - IKBU

June 2010 Vajrayana Kadampa Buddhist Center

13 Harrison St., Oak Park, IL 60304 (708) 763-0132
www.meditateinchicago.org

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		June 1 Break	June 2 4:30-5:30pm HJ 6-9pm FP	June 3 5:45-6:45pm HJ 7-9pm TTP	June 4 7-9pm OSG (Geshe-la's Birthday, Turning the Wheel of Dharma Day)	June 5 10am-? Center Cherishing Day
June 6 10-11:15am PWP 12-1:15pm WFJ 1:30-3:30pm TTP	June 7 5:45-6:45pm HJ 7-8:30pm GP:OP	June 8 5:45-6:45pm GT 7-8:30pm GP:LV	June 9 4:30-5:30pm HJ 6-9pm FP	June 10 7-9pm OSG	June 11 MWDC 9:30-11am S 7:00-8:30pm Intro Talk	June 12 MWDC 9am Meditation 11am Vajrasattva Empowerment 1pm Lunch 3pm Commentary 7pm WFJ
June 13 MWDC 9am Vajrasattva Prayers with Meditation 10:30a Teaching and Prayers for World Peace	June 14 5:45-6:45pm HJ 7-8:30pm GP:OP	June 15 7-8am HJ 7-8:30pm GP:LV	June 16 4:30-5:30pm HJ 6-9pm FP	June 17 5:45-6:45pm HJ 7-9pm TTP	June 18 6:30-8pm SE: Heart Jewel-The Essence of Kadampa Buddhism	June 19
June 20 10-11:15am PWP 12-1:15pm WFJ 1:30-3:30pm TTP	June 21 5:45-6:45pm HJ 7-8:30pm GP:OP	June 22 7-8am HJ 7-8:30pm GP:LV	June 23 4:30-5:30pm HJ 6-9pm FP	June 24 5:45-6:45pm HJ 7-9pm TTP	June 25 7-9pm OSG	June 26 6-9pm SE: Summer Dharma Chat, BBQ and Bonfire
June 27 10-11:15am PWP	June 28 7-8:30pm GP:OP	June 29 7-9pm WFJ	June 30			

<p>Chanted Prayers (Free)</p> <p>HJ - Heart Jewel puja with Lamrim meditation WFJ - Wishfulfilling Jewel puja with tsoq OSG - Offering to the Spiritual Guide puja with tsoq GT - Green Tara Prayers S - Sojong (ordained only)</p>	<p>Intro Level Classes</p> <p>PWP - Sun 10-11:15am GP:OP - Oak Park - Mon 7-8:30pm GP:LV - Lakeview - Tues. 7-8:30pm</p>	<p>Classes / Retreats / Special Events</p> <p>PWP - Intro Level Prayers for World Peace GP - Intro Level General Program class FP - Foundation Program class TTP - Teacher Training Program class MWDC - Midwest Dharma Celebration SE - Special Event</p>
	<p>Every effort is made to adhere to this schedule, but changes sometimes happen in the case of bad weather or other emergency. For the most up-to-date info, please call the Center or check our website.</p>	