



NKT - IKBU

March 2010 Vajrayana Kadampa Buddhist Center

13 Harrison St., Oak Park, IL 60304 (708) 763-0132
www.meditateinchicago.org

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	March 1 5:45-6:45pm HJ 7-8:30pm GP:OP	March 2 7-8am HJ 7-8:30pm GP:LV	March 3 4:30-5:30pm HJ 6-9pm FP	March 4 5:45-6:45 HJ 7-9pm TTP	March 5 6:30-8pm SE: Heart Jewel-The Essence of Kadampa Buddhism	March 6 9-11am QP
March 7 10-11:15am PWP 12-1:15pm WFJ 1:30-3:30pm TTP	March 8 5:45-6:45pm GT 7-8:30pm GP:OP	March 9 7-8am HJ 7-8:30pm GP:LV	March 10 3-5pm OSG 6-9pm FP	March 11 5:45-6:45pm HJ 7-9pm TTP	March 12 5:45-6:45 HJ 7-8:30pm DY	March 13 2-3:15pm GP:BV
March 14 10-11:15am PWP 12-1:15pm WFJ 1:30-3:30pm TTP	March 15 5:45-6:45pm HJ 7-8:30pm GP:OP	March 16 7-8am HJ 7-8:30pm GP:LV	March 17 4:30-5:30pm HJ 6-9pm FP	March 18 5:45-6:45pm HJ 7-9pm TTP	March 19 6:30-8pm SE: Heart Jewel-The Essence of Kadampa Buddhism	March 20 11am-12:30pm SE: Learning to be Content
March 21 10-11:15am PWP 11:30am-1pm Baby Blessing 1:30-3:30pm TTP	March 22 5:45-6:45pm HJ 7-8:30pm GP:OP	March 23 7-8am HJ 7-8:30pm GP:LV	March 24 4:30-5:30pm HJ 6-9pm FP	March 25 7-9pm OSG	March 26 5:45-6:45 HJ	March 27 2-3:15pm GP:BV 6-9pm SE: Jazzin' it Up for Buddha
March 28 10-11:15am PWP 12-1:15pm WFJ 1:30-3:30pm TTP	March 29 2-5:30 MD 7-8:30pm GP:OP	March 30 10-11am S 7-8am HJ 7-8:30pm GP:LV	March 31 4:30-5:30pm HJ 6-9pm FP			

<p>Chanted Prayers (Free)</p> <p>HJ - Heart Jewel puja with Lamrim meditation WFJ - Wishfulfilling Jewel puja with tsoq OSG - Offering to the Spiritual Guide puja with tsoq MD - Melodious Drum puja with tsoq QP - Vajrayogini Quick Path with tsoq (HYT only) GT - Green Tara Prayers DY - Dakini Yoga with brief teaching (HYT only) S - Sojong (ordained only)</p> <p>Note: If you are interested in taking Precepts, please call or email the Center.</p>	<p>Intro Level Classes</p> <p>PWP - Sun 10-11:15am GP:OP - Oak Park - Mon 7-8:30pm GP:LV - Lakeview - Tues. 7-8:30pm GP:BV - Beverly - 2 Saturdays/mo. 2-3:15pm</p> <p>Every effort is made to adhere to this schedule, but changes sometimes happen in the case of bad weather or other emergency. For the most up-to-date info, please call the Center or check our website.</p>	<p>Classes / Retreats / Special Events</p> <p>PWP - Intro Level Prayers for World Peace GP - Intro Level General Program class FP - Foundation Program class TTP - Teacher Training Program class SE - Special Event</p>
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